



# food for thought

## starters & snacks

- soup of the day, crusty bread and butter (v) £3.85
- mussels in a chilli, coconut and basil broth served with crusty bread £4.50
- organic breads with dipping oils (v) £3.85
- i bñzi h\`d^niβe^] p ba Zkhf Zrh \`nkkb^] \`abd^g p ba Z` Zkδ r h` ankri] k^ll lg` !o" ` □- '2.
- warm pitta strips with a trio of dips: sun blushed tomato & rocket tapenade, baba ghannouj & romesco (v) £4.25
- baked brie with cumberland sauce, crusty bread & salad (v) £4.50

## from the sea

- ahf ^f Z] ^βl a\`Zd^ p ba k^] hgthg ž `agg^el ZeZ] ] k^ll^] p ba e^f hg`k%o ^`\_kZba^` □0+.
- pan seared sea bass with spring onion mash topped with green beans & lemon coriander butter £8.00
- lf hd^] aZ] ] h\`d%ab^ ž kh\`d^nkδ hñhñhi i ^] p ba Zlhñi hZa^] ^`^` □0. )

## larger dishes

- \`abd^g ž li lgZa i ^gg^ p ba Zi ^i i ^k\`hkg l Zn\`^ Zg] i Zkf ^l Zg \`knl m □0+.
- /hs klf ^r^l mZd p ba ahkl ^kZ] b a f Zl a%khZl m] ñhf Zrh^l ž k^] p lg^` kZor` □\*) '2.
- li b^] \`abd^g%khl ^oZe^ i hrñh ž \`hgβñl aZehñl ZeZ] ` □/'2.
- [ ^`\_[ nk^ ^k p ba lp ^ñi hrñh p ^] `^l Zg] [ Zl ðef Zr h` □02.
- \_ZeZ\_`e[ nk^ ^k p ba lp ^ñi hrñh p ^] `^l% Zl ðef Zr h ž kZbaZ!o" ` □/'2.
- ` ñhi i lg`l Zi i e^ phh] lf hd^] \`a^l ^(\`Zkf ^ds^] hgthgl ([ Z\`hg` □) '2)
- e^`d% lg^ gnn ž li lgZa \`hg\`ab δ^ lg Zl ng] [ enl a^] ñhf Zrh [ nmk!o" ` □/'2.
- carrot, courgette & fennel salad topped with grilled halloumi & pine nuts (v) £6.25
- \`Znd^hp ^k ž Zi i e^ phh] lf hd^] \`a^l ^ p ba li lgZa% k^`g [ ^Zgl ž `a^k[ r \`knl m!o" ` □/'.)

